Monday	Breast Feeding Support 10 - 12 La Leche League sessions every 2 <sup>nd</sup> Monday of the month.	NCT Stay & Play 10 - 11.30 am 4th Monday in month, stay and play for all ages, run by NCT.		Munch Bunch 11 - 12.30am Grow, cook and eat with your child. Four week programme, Starts 12 <sup>th</sup> Sept. Booking required.	Sticky Fingers 1 - 2.30pm A weekly messy play session held at Walshes Community Centre in term time, suitable for 18 months +.	Dads and Male carers Dads are very welcome at all sessions but we also offer Dads / Male carers only sessions. To find out more ring Dave on 01299877920.
Tuesday		Introduction to Solids 10 - 11.30am 1st Tuesday in month.	Alfie Lifestyle 10-11am 6 week programme. Health Advisor also available.	Counselling 1.30pm - 4.30pm Help and advice with a trained Counsellor, booking required.	Stay & Play 1.30pm - 3pm A variety of activities for all ages under 5.	Health Visitor Clinic 2 - 3pm Weighing and Advice.
Wednesday	Jobcentre Plus 9 - 11am Employment and Benefit advice. 1st Wednesday in month.	Childminder Group Stay & Play 9.30 - 11am Open to all childminders with a child under 5.	Baby Massage 10-12am Four week courses for babies not yet crawling. Booking required.	Parents to Be 10-12am Four week programme for expectant parents. Booking required.	All activities will be at Half Crown Wood Children's Centre unless otherwise stated. To book a place on a programme, call in, or telephone 01299 877920	
Thursday	Wordygigs 10 - 11.30 am  Stay & Play focusing on speech & language for children 15 months +.	Baby Talk 10 - 11.30am Six weeks of fun ideas on how to communicate with your baby. Starts 15 <sup>th</sup> Sept. Booking required.	CAB advice session  1pm - 4.30pm Appointment only  Advisor available to help you with a big range of problems from returning goods to financial help and benefit advice.		Busy Feet  1.30 - 2.30pm  A four week programme of music and movement.  Starts 15 <sup>th</sup> Sept. Booking required.	EBITA
Friday	appointment.	Stay & Play 10.30am - 12pm  A variety of activities for all ages under 5 at St Michaels Church, Church Drive, Stourport.	Baby Massage 1 - 2pm Stourport Health Centre. Booking required.	Don't forget we can also vi support with issues such a routines, potty training, re housing issues, money work	Home Visits  rget we can also visit you at home to offer with issues such as behaviour, bedtime , potty training, relationship difficulties, ssues, money worries or anything else that's rou concern. Just call the Centre and ask to call.	
	Saturday Funtime 10 - 12	enco	Centre is committed to burage healthy lifestyles.		wn Wood ' Septemb	Timetable



## Summer Fun with Half Grown Wood





## Tuesday Treats @ Half Crown Wood 1:30 pm - 3 pm



26th July - 'Lets go wild'

- den making, camp fire songs and outdoor fun.

2nd August - 'Mini Olympics'

9th August - 'Art for all'

16<sup>th</sup> August - 'Beach Party'

- -sand, water and hopefully sun!
- 23rd August 'Junk geniuses'
- create a masterpiece from junk. 30<sup>th</sup> August – '999'
- fun with emergency services including (hopefully) a real fire engine!!

Plus lots of toys and activities to suit all ages at all sessions.





29th July - 'Mad Hatters Tea Party'

- wear your favourite hat.

5<sup>th</sup> August - 'Shake, rattle and roll'

- music & movement activities.

19<sup>th</sup> August - 'Big cook, Little Cook' - cooking fun.

26th August - 'Around the world'

-with songs, dance and FOOD.

2<sup>nd</sup> September - 'Starting

School/Nursery'

 advice / support and fun activites for children and parents.

Plus lots of toys and activities to suit all ages at all sessions.



## Summer Trip

## 'Hatton Farm Park'

Friday, 12th August

- A really good day out for all the family.
- Lots of free activities for children and adults to enjoy.

Places are limited so **BOOK NOW** by calling at the Centre or ringing 01299 877920. Payments can be made by instalments but must be paid in full by 8th August.

Adults £11.50, Children under 5 £5, Under 1 - Free, 5-11yrs £10.

CAB will continue to offer appointments each Thursday afternoon throughout the holiday on matters such as debt, housing, legal and consumer issues.

Come along to
Play Day
3<sup>rd</sup> August
11 am – 3 pm
Lickhill Memorial Park
Fun for all the ages.



Princess Way, Stourport-on-Severn, Worcs. DY13 0EL. Tel: 01299 877920

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